



Connecting
Couples

Donna Reeves Bowman, LCSW-C & David L. Bowman, MDiv

Thought of the Month News and Notes

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Dear Friends,

Are you enjoying your summer? We are happily enjoying a few lazy days and a lot of opportunities to share Imago and new (and refreshed) ideas with you!

Please bask in summer joys and love of partners, family and friends. We are privileged to join you on your journey.

JULY: Imago: Not Just for Couples



Imago: Not Just for Couples

Donna and I have enjoyed wonderful response to our workshops throughout the years, both the Getting the Love You Want workshop and second level workshop we created. On the other hand, we are puzzled that people are not more eager to participate in our Conscious and Connected Parenting workshop.

Here are some of the things we make up as we try to understand it:

- **Maybe people do not see the connection between Imago tools and parenting;**
- **Maybe people are too anxious about their parenting to come to a workshop;**
- **Maybe people are too busy parenting (i.e. running kids around, etc.) on the weekends to come to a workshop on parenting.**

Let me try to whet your appetite for our last parenting workshop of the year (November 12 -13 in Frederick.) Our workshop applies Imago tools to the art of parenting. We also include new original ideas about communication with kids. We describe the path of turning our individual faulty styles of parenting into a powerful, connected, couple style. We help you understand and appreciate the differences you may have about parenting, turning them into a strength as a team.

Okay, let me entice you further with our "Assumptions for Fully Conscious Parenting":

1. You are better parents than you think you are....your kids love you no matter how they act...you need to be strong parents and strong people...your mistakes are miniscule compared to the power of your connection...the Universe has gifted you with a sacred opportunity for connection and growth.
2. Our parenting is heavily influenced by our own childhood story...wherever we were stuck in our own development is where we find ourselves stuck as parents...as we better understand our own story we are empowered to become more conscious parents.
3. We become more effective parents as we reflect on the parts of us that are blocked...our reactivity diminishes as our consciousness increases...reclaiming our lost [parts allows us to share our full aliveness with our children.
4. Children need to be valued and enjoyed rather than managed.
5. The best model for life you can give your children is your own relationship.

Please consider joining us in November. If tough economic times make the cost prohibitive, just let us know. We'll work it out.

If you register before October 1, take \$100 off the cost. What more incentives do you need? Just tell us.

Hope you are having a great summer with your kids and all the special people in your life.

David (& Donna)

MARK YOUR CALENDARS...LOTS OF OPPORTUNITIES COMING UP!

Be sure to watch this space or check our web site for future opportunities.

[Getting the Love You Want Workshops](#)

August 12-14, Frederick, MD
September 9-11, Frederick, MD
October 14-16, Rehoboth Beach, DE
October 21-23, Same Sex, Rehoboth Beach, DE
November 18-20, Frederick, MD
(don't forget to refer a friend!)

Next Step: Overcoming Reactivity

November 5-6, Rehoboth Beach, DE

Parenting Workshop

November 12-13, Frederick, MD
NOTE: SEE SPECIAL OFFER OF \$100 OFF ABOVE

QUOTES OF THE MONTH

"Love has the power of making you believe what you would normally treat with the deepest suspicion." - Mirabeau

"Three things can't be hidden: coughing, poverty, and love." - Yiddish proverb

"The most wasted day is that in which we have not laughed." - Chamfort

"A light heart lives long." - William Shakespeare

"Never go to bed mad -- stay up and fight." - Phyllis Diller

"Love is like quicksilver in the hand. Leave the fingers open and it stays. Clutch it, and it darts away." - Dorothy Parker

"To love is to suffer. To avoid suffering one must not love. But then one suffers from not loving. Therefore to love is to suffer, not to love is to suffer. To suffer is to suffer. To be happy is to love. To be happy then is to suffer. But suffering makes one unhappy. Therefore, to be unhappy one must love, or love to suffer, or suffer from too much happiness. I hope you're getting this down." - Woody Allen, Love and Death

"Do not marry a man to reform him. That is what reform schools are for." - Mae West

"The body, she says, is subject to the forces of gravity. But the soul is ruled by levity, pure." - Saul Bellow

"It does not matter what you do in the bedroom as long as you do not do it in the street and frighten the horses." - Mrs. Patrick Campbell

"If love is blind, why is lingerie so popular?" - unknown

We are on this journey with you. Keep in touch!

Sincerely,

**David and Donna Bowman
Bowman & Associates, PA**

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Bowman & Associates, PA | 7823 Chestnut Grove Road | Frederick | MD | 21701



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