



Connecting  
Couples

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## Thought of the Month News and Notes

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**Issue: #27  
May 2011**

Month/Year

**Dear Friends,**

**It's May, the lovely month of May! We wish  
you the pleasures of this wonderful season.**

**May: The Many Faces of Love**



**Scott Peck, in *The Road Less Traveled*, says that love is the  
willingness to extend yourself for the sake of another. A  
famous Jewish rabbi suggested that we love our enemies.**

**Soren Kierkegaard said, "Perfect love means to love the one  
through whom one became unhappy." Ghandi instructed  
a countryman whose son was killed by a Muslim enemy to  
adopt a Muslim boy and love him in order to find peace of  
mind.**

**All these brilliant people are telling us love is more of a  
decision or action that we take than it is a feeling that comes  
over us. Yet I hear so many people express that they have  
lost feelings for their Partner. They've "fallen out of love."  
They are not getting their needs met. Their Partner is even  
responsible for how bad they feel. Their Partner has  
changed (or hasn't changed.) They are considering exiting  
the relationship in one way or another.**

**Imago training has taught me that we need to look inside  
when we are not feeling as loved as we wish. What is this  
chapter in life telling me? What am I not giving to my**

**Partner to make it safe for her/him to meet my needs?  
Where am I blocked from living in the fullness of loving as  
an action or a decision? What will be required of me in  
order to "let the love in?"**

**It is sad that so many couples split up. So often they choose  
to end the relationship because they have lost the feeling of  
being loved rather than choosing to live fully in the truth of  
the love they share.**

**Please share your responses or thought about this.**

**Still with hope,  
David (& Donna)**

**MARK YOUR CALENDARS...LOTS OF OPPORTUNITIES  
COMING UP!**

**NEXT STEP: OVERCOMING REACTIVITY  
July 16-17, Frederick, MD**

**WORKSHOPS:  
June 3-5, Frederick, MD  
July 8-10, Rehoboth Beach, DE  
July 22-24, Frederick, MD**

**PARENTING WORKSHOPS:  
June 25-26, Frederick, MD**

**QUOTES OF THE MONTH**

**To love deeply in one direction makes us more  
loving in all others. Anne-Sophie Swetchine**

**Love and kindness are never wasted. They  
always make a difference. They bless the one  
who receives them and they bless you, the  
giver. Barbara de Angelis**

**A happy home is one in which each spouse  
grants the possibility that the other may be  
right though neither believes it. Don Fraser**

**Love is never lost. If not reciprocated, it will  
flow back and soften and purify the heart.  
Washington Irving**

**We are on this journey with you. Keep in touch!**

**Sincerely,**

**David and Donna Bowman  
Bowman & Associates, PA**

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