



Thought of the Month News & Notes

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Quotes of the Month

HEART TO HEART

"Our first teacher is our own heart."---
Cheyenne Saying

"Words that come from the heart enter the heart."---Moses
Ibn Ezra

"Just as a mother would protect her only child, even at the risk of her own life, even so let one cultivate a boundless heart toward all beings."--Shakyamuni
Buddha

"To see that we are loved by the whole cosmos is important."--Thich
Nhat Hanh

"If I told patients to raise their blood levels of immune globulins or killer T-cells, no one would know how. But if I

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Dear Friends,

We love the opportunity to share our relationship journey with you. By giving you insight into our own journey we are hopeful that you see how another couple faces day to day challenges and how the Imago tools can help, even tools to help with parenting. They help us every day!

Just a reminder: There is still time to join us for our Fun and Romance Cruise...departing February 15...a great opportunity to enrich your relationship!

We still have room in our workshop "Conscious and Connected Parenting", February 28, 2009 - March 1, 2009. (Reduced price....read below!) It is not too late! Call or email us today!

Thought of the Month

FEBRUARY: EMPOWERING PARENTS



Donna and I have had the privilege of being in connection and supporting almost 600 couples in the "Getting the Love You Want" workshops. This has changed our lives and the lives of many others.

The same transformation is now possible for those of you wanting to become more "successful" parents...more connected parents....more conscious parents. We have created a rich weekend full of common sense and empowering tools to help you become more conscious and less stuck in your parenting.

The following are our assumptions that we will help you live into through this workshop:

1. You are better parents than you imagine.
 - Your kids love you.
 - You need to be strong parents and people.
 - Your mistakes are miniscule compared to the power of your connection.
 - The Universe has gifted you with a sacred opportunity for connection and growth.
2. Our parenting is heavily influenced by our own childhood story.

**KNOW HOW. BUT IF I
can teach them to
love themselves and
others fully, the same
change happens
automatically. The
truth is: Love heals."-
-Bernie Siegel**

- Wherever we were stuck in our own development is where we find ourselves stuck as a parent.
 - As we better understand our own story we are empowered to become more and more conscious parents.
3. We become more conscious parents as we reflect on the parts of us that are blocked.
 - Our reactivity diminishes as our consciousness increases.
 - Reclaiming our lost parts allows us to share our full aliveness with our children.
 4. Children need to be enjoyed and valued rather than managed.
 5. The best model for life you can give your children is your own relationship.

We are so passionate about empowering parents and so hopeful for the next generation that we are offering the following "incentives" for you to help us create energy in the Universe for this groundbreaking workshop:

1. \$100 reduction in the registration fee (making it \$485 per couple) as a way of encouraging an attitude of abundance and consciousness in these times that challenge our frontal lobes to soothe our fearful lizards.
2. A 60 minute phone session (at no additional charge) with one or both of us (your choice) around any specific question or stuck place you may be experiencing in your parenting.
3. Your money back Sunday afternoon if the workshop experience is not helpful to you.

Just use our website or call us to make a \$200 deposit and secure your place for the weekend. Mail to: info@connectingcouples.net.

News & Notes

It is February, the most romantic month of the year! Wouldn't you and your sweetheart love to escape the winter weather, work and day to day challenges and really get away? There is still time to join us for our Fun and Romance Cruise...a great opportunity to enrich your relationship! Departure date is February 15, 2009....days away but it is not too late! This is the first of what we hope will become an annual event, a workshop/fun cruise for couples who have already been to a workshop.

Our "High Seas Fun and Romance...Imago Style" cruise February 15, 2009 - February 22, 2009 is on Celebrity ship, the Solstice, a beautiful ship and we promise you a wonderful and memorable time. Oh, yes, THE PRICES HAVE DROPPED! Take advantage of this opportunity today!

We will spend time during the cruise focusing on re-romanticizing and fun but will provide plenty of time for you to explore and experience the week as a couple. (Remember this will be LITE....nothing heavyjust finding that Juice in your Space and making it Juicier!!!) Call us today!

Last note....be sure to check out the upcoming workshops in the link above. We are sure there is something there for everyone!

The Imago Process

Relationships become relaxed and joyful as day to day connection is experienced even amidst the stresses of life. The powerful bond between the couple creates a sacred space for healing and transformative growth. The trained IMAGO coach gently holds the couple as they find their way back to the marvelous impulses of the romantic days and helps them solidify their vision for the future.

Have a wonderful Valentine's Month and we hope to see you soon!

With confidence and hope for the future,

David and Donna